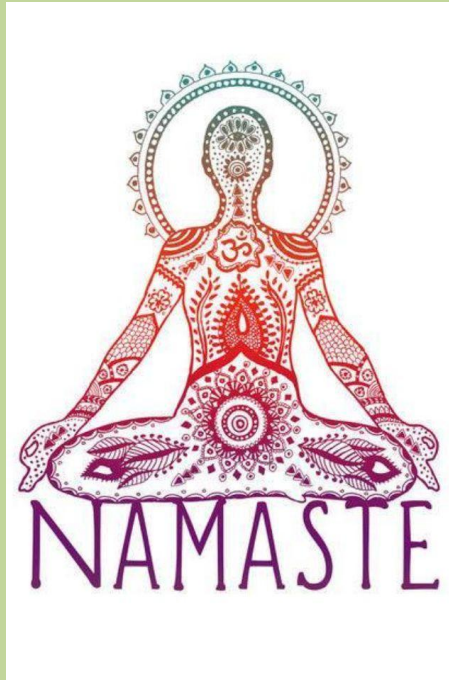


FREMONT HINDU TEMPLE

Dear Devotees





Special programs for the Month of FEBRUARY 2016

To avail of Tax exemptions, please consider donating to Temple

All donations made to Temple are Tax-exempt.

To receive a receipt for the donation, **please write a check to Fremont Hindu Temple**
Donate to Temple Online

The Temple is a non-profit organization run by devotees for devotees. The Temple's main income is through devotee donations and sponsorships. We urge all devotees to donate generously to the Temple so that we may continue to serve your religious and cultural needs and provide even better programs to you.
you can now donate online by clicking on the link below.

<http://fremonttemple.org/donate.php>

Donate



Vedic Dharma Samaj is a non-profit, tax exempt religious organization.

It is dedicated to serve the religious and cultural needs of the Hindu community.

(Non-Profit Tax Exempt Organization Tax EIN No.: 94-274-2511)

Any suggestions /comments/observations about Temple and/or about this newsletter,

Please call or e-mail :- 510-299-9771

deepakchhabra@pacbell.net

Special programs for the Month of FEBRUARY 2016

Samuhik Satya Naryan Katha on every Poornima

Satya Naryan Katha	Monday 02/22/2016	06.30 to 08.30 PM	Poornima Satyanaryan Katha	Main Temple
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Ma Durga Abhishek

Ma Durga Abhishek	Saturday 02/06/2016	11.00-12.00	Ma Durga Abhishek	Main Temple
Ma Durga Abhishek	Saturday 02/13/2016	11.00-12.00	Ma Durga Abhishek	Main Temple
Ma Durga Abhishek	Saturday 02/20/2016	11.00-12.00	Ma Durga Abhishek	Main Temple
Ma Durga Abhishek	Saturday 02/27/2016	11.00-12.00	Ma Durga Abhishek	Main Temple

Bhajan Kirtan

Bhajan / Kirtan	Sunday 02/07/2016	11.00 -12.00	Mohanty Ji	Main Temple
Pravachan	Sunday 02/07/2016	12.00 -01.00	Dr.R.Subramanian SWACHH MANDIR M.V.Sc.,PhD[AIIMS] Previously; JNU, Newdelhi Managing Trustee , Loka Dharma Seva Foundation Trust	Main Temple

Bhajan / Kirtan	Sunday 02/14/2016	11.00 -12.00	Bharti Joshi ji	Main Temple
Pravachan	Sunday 02/14/2016	12.00 -01.00		Main Temple
Bhajan / Kirtan	Sunday 02/21/2016	11.00 -12.00		Main Temple
FOG Toy Drive	Sunday 02/21/2016	12.00 -01.00	Toy Drive	Main Temple Every 3rd Sunday
Bhajan / Kirtan	Sunday 02/28/2016	11.00 -12.00	Prabha ji	Main Temple
Pravachan	Sunday 02/28/2016	12.00 -01.00	Pravachan by Gayatri Parivar	Main Temple Every 4th Sunday

Shivyog Sadhna

Shivyog Sadhana & meditation	Sunday 02/07/2016	03 to 05.00	Shivyog Sadhana and meditation	Saraswati Hall 1st & 3rd Sunday
Shivyog Sadhana & meditation	Sunday 02/21/2016	03 to 05.00	Shivyog Sadhana and meditation	Saraswati Hall 1st & 3rd Sunday

Jhoole Lal Chandu Seva 2016

Jhoole Lal Sain Chandu , Aarti & Palaki Seva	Tuesday 09th Feb,2016 Thursday 10th Mar, 2016 Friday 08th Apr, 2016 "Cheti Chandu.	7.00PM to 7.30PM.	Jhoole Lal Sain ChandU , Aarti & Palaki Seva	Jhoole Lal Temple
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	Sunday 08th May,2016 Monday 06th Jun, 2016 Wednesday 06th Jul, 2016 Thursday 04th Aug, 2016 Saturday 03rd Sep, 2016 Sunday 02nd Oct, 2016 Tuesday 01st Nov, 2016 Thursday 01st Dec, 2016 Friday 30th Dec,2016			
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Sundarkand Path

Sundarkand Path	SATURDAY 02/13/2016	10 to 12.00	Sundarkand path	Main Temple every 3rd Saturday
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Kerla Ayurveda Camp 2016

Kerla Ayurvedic consultation camp	28-Feb-16	09.00 to 1.00 PM	Kerla Ayurvedic consultation camp	Saraswati Hall Once a month
	27-Mar-16			

	24-Apr-16			
	29-May-16			
	26-Jun-16			
	31-Jul-16			
	28-Aug-16			
	25-Sep-16			
	30-Oct-16			
	27-Nov-16			
	18-Dec-16			

Heart Fullness Meditation Program

<p>Heart Centered Meditation Program</p> <p>Why Heartfulness? ■ Emotional and mental well-being – less anxiety, greater empathy, calmness, relaxation to be felt at mental level. ■ Physical well-being – better health with reduced blood pressure, heart rate normalcy, better and deeper sleep, relaxation to be felt at the physical level. ■ Inner well-being – to simplify life and to connect with one’s inner nature. This paves the way for peace of mind, inner joy, bliss and what is beyond</p>	<p>Saturday 02/06/2016</p> <p>Saturday 02/13/2016</p> <p>Saturday 02/20/2016</p> <p>Saturday 02/27/2016</p>	<p>11.30 AM to 12.30 PM</p>	<p>Heart Fullness Program www.heartfulness.com</p>	<p>Saraswati Hall Every Saturday</p>
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Special Events

Event	Date/Day	Time	Details	Where
Pradosham	Friday	6:45PM to	Pradosham	Balaji Annex

	02/05/2016	9:45PM		
Shani Trayodasi Masa Sivarathri	Saturday 02/06/2016	6:45PM to 9:45PM	Kartika Masa Sivarathri	Balaji Annex
Vasant Panchami	Saturday 02/13/2016	Noon	Vasant Panchami	Main Temple
Krittika	Monday 02/15/2016	6:45PM to 9:45PM	Pradosham/Krittika Rudrabhishekam	Balaji Annex
Punarvasu/Pradosham	Friday 02/19/2016	6pm to 10pm	Punarvasu/Pradosham	Balaji Annex
Mata Ki Chowki	Saturday 02/20/2016	7PM to 11PM	Mata Ki Chowki (Kumar Jeweller & Family)	Main Temple
Sankata Hara Chaturthi	Friday 02/26/2016	5:30PM to 8:30PM	Sankata Hara Chaturthi	Balaji Annex



Preetibhoj –February- 2016			
2/2/2016	TUESDAY	DINNER	MOHAN KOKALLA &FAMILY

2/4/2016	THURSDAY	DINNER	SRINIVASAN JAGANNATHAN & DEEP SANTHANAM & FAMILY
2/6/2016	SATURDAY	LUNCH	PRASHANTH MOTEWAR & FAMILY
2/7/2016	SUNDAY	LUNCH	SATYANARAYANA & MANJULA & FAMILY
2/9/2016	TUESDAY	DINNER	SANTOSH BHATIA & SUDERSHAN WADHWA & FAMILY
2/11/2016	THURSDAY	DINNER	LATHA. T. AKKI RAJU & FAMILY
2/13/2016	SATURDAY	LUNCH	OPEN
2/14/2016	SUNDAY	LUNCH	SANJAY CHOUDHARY
2/16/2016	TUESDAY	DINNER	OPEN
2/18/2016	THURSDAY	DINNER	OPEN
2/20/2016	SATURDAY	LUNCH	JUDHAJIT SENMAZUMDAR & FAMILY
2/21/2016	SUNDAY	LUNCH	VIKASH VERMA & FAMILY
2/23/2016	TUESDAY	DINNER	OPEN

2/25/2016	THURSDAY	DINNER	OPEN
2/27/2016	SATURDAY	LUNCH	OPEN
2/28/2016	SUNDAY	LUNCH	KRISHANA & FAMILY
2/2/2016	TUESDAY	DINNER	MOHAN KOKALLA &FAMILY
2/4/2016	THURSDAY	DINNER	SRINIVASAN JAGANNATHAN & DEEP SANTHANAM & FAMILY
2/6/2016	SATURDAY	LUNCH	PRASHANTH MOTEWAR & FAMILY
2/7/2016	SUNDAY	LUNCH	SATYANARAYANA & MANJULA & FAMILY
2/9/2016	TUESDAY	DINNER	SANTOSH BHATIA & SUDERSHAN WADHWA & FAMILY
2/11/2016	THURSDAY	DINNER	LATHA. T. AKKI RAJU & FAMILY



MAIN TEMPLE ACTIVITIES

Daily	9:00 AM	9.30 PM	Pooja/Archana/Arti	Main Temple
Daily	8:00 AM	8:30 AM	Sai baba Kakar Arti	Main Temple
Daily	8:30 AM	9:00 AM	Sai baba Abhishek	Main Temple
Daily	6:00 PM	6:30 PM	Sai baba Dhoop Arti	Main Temple
Daily	8:00 PM	8:15 PM	Main Templ Arti	Main Temple
Daily	8:15 PM	8:35 PM	Sai Baba Shej Arti	Main Temple
Daily	12:00 PM	12:30PM	Sai Baba Madhian Arti	Main Temple

Tuesday	7:00 PM	7:30 PM	Hanuman Sahasranama	Main Temple
Tuesday	7:30 PM	8:00 PM	Hanuman Chalisa, Arti, Preti bhoj	Main Temple
Wednesday	11:00AM	1:00 PM	Senior Meeting and Yoga followed by lunch	Main Temple & Saraswati Hall
Thursday	8:30 AM	9:00 AM	Sai Baba Abhishek	Main Temple
Thursday	6:30 PM	8:00 PM	Sai Baba Bajans, Arti, Preti bhoj	Main Temple
2nd Saturday	7:00 PM	12:00AM	Mata ki Chowki	Main Temple

3rd Saturday	10:00AM	12:30PM	Sundharkhand Path	Main Temple
Sunday	1:20 PM	1:40 PM	Main Templ Arti	Main Temple
1st Sunday	9:00 AM	11:00 AM	Gayathri parivaar Meditation	Main Temple
Last Sunday	12:20PM	1:20PM	Maa Shathrupa Pravachan	Main Temple

BALAJI TEMPLE ACTIVITIES

Daily	9:00 AM	9:30 AM	Venkateshwara Suprabatham	Balaji Temple
Daily	8:15 PM	8:30 PM	Balaji Pavalimpu seva/Shayan Utsav - Arti	Balaji Temple
Daily	7:50 AM	8:10 AM	All deties Archana, Bhog, Arti	Main Temple & Balaji temple

Monday	7:00 PM	9:00 PM	Shiva/ Rudhra Abhishekam	Balaji Temple
Friday	6:30 PM	7:00 PM	Lalitha Sahasranama	Balaji Temple
Friday	11:00 AM	1:30 PM	Laxmi Abhishekam	Balaji Temple
Saturday	10:00 AM	12:30 AM	Balaji Abhishek, Alamkar, Archana, Arti	Balaji Temple

Saturday	10:30 AM	11:00 AM	Tiruppavai	Balaji Temple
4th Sunday	6:00 PM	7:30 PM	Jagannath Pooja and bajans in Balaji Annex	Balaji Temple
Sunday	11:00 AM	12:30 PM	Jagannath Abhishek, Alankar, Arti, Archana	Balaji Temple
1 day before Amavasya	7:00 PM	8:30 PM	Masa Siva Rathri	Balaji Temple
2days before Amavasya & 1 day before Poornima	7:00 PM	9:00 PM	Pradosham - Shiva Pooja and Bajans	Balaji Temple
Poornima	6:00 PM	8:00 PM	Samuhik Sathyanarayan Katha	Balaji Temple

AYYAPPA TEMPLE

1st Saturday	6:00 PM	7:00 PM	Bajans for Lord ayyappa	Ayyappa Temple
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Sunday	9:30 AM	11:30 AM	Karthikeya Swamy pooja	Ayyappa Temple
Sunday	9:30 AM	11:30 AM	Karthikeya Swamy pooja	Ayyappa Temple
Masa Sankranthi	5:00 PM	7:00 PM	Ayyappa Pooja	Ayyappa Temple
Masa Sankranthi(falls between 13th and 19th of every month)	5:00 PM	7:00 PM	Ayyappa Pooja and Bajans	Ayyappa Temple

**NAVGRAHA & SIDDHI VINAYAK
&
JOOLELAL BABA TEMPLE**

Tuesday	6:30 PM	7:30 PM	Siddivinayak Ahishek, Alamkar, Archana	SiddiVinayak Temple
Tuesday	8:15 PM	8:30 PM	Shiddivinayak Arti	SiddiVinayak Temple

Friday	6.00pm	7.00pm	Joolelal Aarti, archana	SiddiVinayak Temple
4 days After Poornima	7:00 PM	8:00 PM	Sankata Hara Chaturthi	SiddiVinayak Temple
1 st Saturday	10:00 AM	12:30 AM	Navagraha Homam	Navgrah Annex
Saturday	11:00 AM	1:30 PM	Navagraha and Ganapathi Abhishek, Alamkar, Archana, Arti	Navgrah Annex

Ishta Dev Jhoole Lal Sain

There will be regular Ongoing Events Weekly / Monthly. Please come with family and friends to seek blessings.

Weekly: Friday evening: Aarti at 7.00PM (Every Friday)

Monthly: “Chandu” Aarti and Palav. Sindhi’s all over the world observe the first day after the new moon each month ! as the day of “Chandu”..... worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled white Channa and sweet rice - Tanhiri are offered as the traditional pargaad.

Schedule for the monthly “Chandu” ceremony in 2015:

YEAR 2016 - Sindhi Sangat's Prayer Schedule

A. A. Weekly Friday evening worship Aarti at 7.00PM.

Sindhi’s all over the world observe Friday as *Tharoo’n* day and worship Lal Sain, singing Aarti and offering prayers.

B. Monthly celebrations of “Chandu” Aarti and Palav. Sindhi’s all over the world observe the first day after the new moon each month as the day of “Chandu”..... worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled channa and sweet rice - Tanhiri are offered as the traditional pargaad. Monthly Schedule:

1. . Monday 11th Jan, 2016 7.00PM to 7.30PM.
2. . Tuesday 09th Feb, 2016 7.00PM to 7.30PM.
3. . Thursday 10th Mar, 2016 7.00PM to 7.30PM.
4. . Friday 08th Apr, 2016 “Cheti Chandu” 7.00PM to 7.30 PM.**
5. . Sunday 08th May, 2016 11.30 AM to 12.00 Noon.
6. . Monday 06th Jun, 2016 7.00PM to 7.30PM.
7. . Wednesday 06th Jul, 2016 7.00PM to 7.30PM.
8. . Thursday 04th Aug, 2016 7.00PM to 7.30PM.
9. . Saturday 03rd Sep, 2016 11.30AM to 12.00Noon.
10. Sunday 02nd Oct, 2016 11.30AM to 12.00Noon.
11. Tuesday 01st Nov, 2016 7.00PM to 7.30PM.

12. Thursday 01st Dec, 2016 7.00PM to 7.30PM.
 13. Friday 30th Dec, 2016 7.00PM to 7.30PM.
 **Annual Cheti Chandu celebrations will be held on Sat 09th Apr,16

Bring all your family and friends too.

Come, Worship and Rejoice.....seek His Divine Blessings!!!

Jai Jhoole Lal Beraii Paar

SARASWATI HALL ACTIVITIES				
2nd & 4th Monday	10:30 AM	1:30 PM	Gujarathi Seniors' Mitra mandal in dining Hall	Saraswathi Hall
Monday	2:00PM	4:00PM	BOLLYWOOD DANCING	Saraswathi Hall
Monday	10:15 AM	11:15 AM	YOGA	Saraswathi Hall

Tuesday	6:30PM	8:00PM	TEMPLE MEETING	Saraswathi Hall
Wednesday	12:00 PM	1:00 AM	yoga	Saraswathi Hall
Wednesday	11:00 AM	1:00 PM	Senior Meeting and Yoga followed by lunch	Main Temple & Saraswati Hall
Thursday	4:00PM	8:00PM	KATHAK	Saraswathi Hall
Friday	4:00PM	8:00PM	Bharat Natyam	Saraswathi Hall
Saturday	8:00AM	10:00AM	YOGA BY SKY	Saraswathi Hall
Saturday	10:00AM	11:00AM	HINDI CLASS	Saraswathi Hall
Saturday	11.30	12.30	Heart Centered Meditation Program	Saraswati Hall

Sunday	7:00AM	8:30AM	YOGA WITH FUN AND LAUGHTER	Saraswathi Hall
Sunday	8:30AM	9:30AM	MEDITATION	Saraswathi Hall
Sunday	10:00AM	11:30PM	HSS	Saraswathi Hall
Sunday	12:30PM	2:30PM	SINDHI CLASS Next session from Jan 10 2016 to March 27 , 2016	Saraswathi Hall
SUN 1 ST 3 RD	3:00PM	5:00PM	SHIV YOG MEDITATION	Saraswathi Hall

Library

Saturday	11:30 AM	1:00PM	GEETA CLASS	Library
3rd Sunday	10:30AM	12:30PM	Sadhu Vaswani Mission of the Bay Area -satsang	Library
Sunday	3:30PM	5:00PM	Soundarya Lahari	Library
Sunday	10:00AM	11:30AM	BALAGOKULAM	Library

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