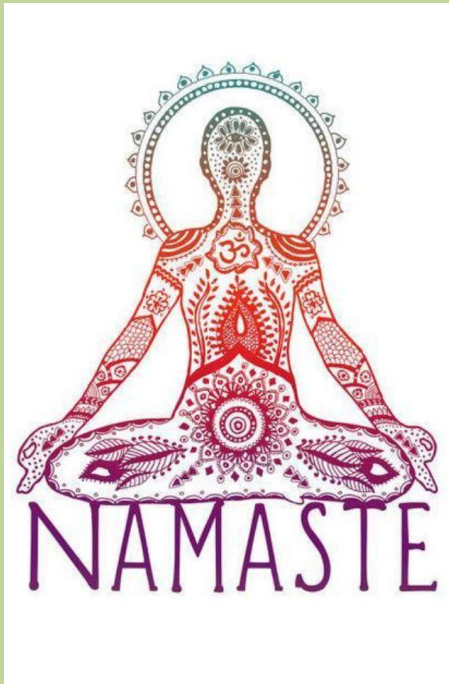




## FREMONT HINDU TEMPLE

Dear Devotees



## Special programs for the Month of December 2015

**To avail of Tax exemptions, please consider donating to Temple**

All donations made to Temple are Tax-exempt.

To receive a receipt for the donation, **please write a check to Fremont Hindu Temple**  
**Donate to Temple Online**

The Temple is a non-profit organization run by devotees for devotees. The Temple's main income is through devotee donations and sponsorships. We urge all devotees to donate generously to the Temple so that we may continue to serve your religious and cultural needs and provide even better programs to you.  
you can now donate online by clicking on the link below.

<http://fremonttemple.org/donate.php>

**Donate**



Vedic Dharma Samaj is a non-profit, tax exempt religious organization.

It is dedicated to serve the religious and cultural needs of the Hindu community.

(Non-Profit Tax Exempt Organization Tax EIN No.: 94-274-2511)

**Any suggestions /comments/observations about Temple and/or about this newsletter,**

**Please call or e-mail :- 510-299-9771**

[deepakchhabra@pacbell.net](mailto:deepakchhabra@pacbell.net)

## Special programs for the Month of December 2015

### Ma Durga Abhishek

<b>Ma Durga Abhishek</b>	<b>Saturday 12/05/2015</b>	<b>11.00-12.00</b>	<b>Ma Durga Abhishek</b>	<b>Main Temple</b>
<b>Ma Durga Abhishek</b>	<b>Saturday 12/12/2015</b>	<b>11.00-12.00</b>	<b>Ma Durga Abhishek</b>	<b>Main Temple</b>
<b>Ma Durga Abhishek</b>	<b>Saturday 12/19/2015</b>	<b>11.00-12.00</b>	<b>Ma Durga Abhishek</b>	<b>Main Temple</b>
<b>Ma Durga Abhishek</b>	<b>Saturday 12/26/2015</b>	<b>11.00-12.00</b>	<b>Ma Durga Abhishek</b>	<b>Main Temple</b>

### Bhajan Kirtan

<b>Bhajan / Kirtan</b>	<b>Sunday 12/06/2015</b>	<b>11.00 -12.00</b>	<b>Mohanty Ji</b>	<b>Main Temple</b>
<b>Pravachan</b>	<b>Sunday 12/06/2015</b>	<b>12.00 -01.00</b>		<b>Main Temple</b>
<b>Bhajan / Kirtan</b>	<b>Sunday 12/13/2015</b>	<b>11.00 -12.00</b>	<b>Bharti Joshi ji</b>	<b>Main Temple</b>
<b>Pravachan</b>	<b>Sunday 12/13/2015</b>	<b>12.00 -01.00</b>		<b>Main Temple</b>
<b>Bhajan / Kirtan</b>	<b>Sunday 12/20/2015</b>	<b>11.00 -12.00</b>	<b>Shilpa Singh ji</b>	<b>Main Temple</b>
<b>Pravachan</b>	<b>Sunday 12/20/2015</b>	<b>12.00 -01.00</b>		<b>Main Temple Every 3<sup>rd</sup> Sunday</b>

<b>Bhajan / Kirtan</b>	<b>Sunday 12/27/2015</b>	<b>11.00 -12.00</b>	<b>Prabha ji</b>	<b>Main Temple</b>
<b>Pravachan</b>	<b>Sunday 12/27/2015</b>	<b>12.00 -01.00</b>	<b>Pravachan by Gayatri Parivar</b>	<b>Main Temple Every 4<sup>th</sup> Sunday</b>

### Shivyog Sadhna

<b>Shivyog Sadhana &amp; meditation</b>	<b>Sunday 12/06/2015</b>	<b>03 to 05.00</b>	<b>Shivyog Sadhana and meditation</b>	<b>Saraswati Hall 1<sup>st</sup> &amp; 3<sup>rd</sup> Sunday</b>
<b>Shivyog Sadhana &amp; meditation</b>	<b>Sunday 12/20/2015</b>	<b>03 to 05.00</b>	<b>Shivyog Sadhana and meditation</b>	<b>Saraswati Hall 1<sup>st</sup> &amp; 3<sup>rd</sup> Sunday</b>

### Jhoole Lal Chandu Seva

<b>Jhoole Lal Sain Chandu , Aarti &amp; Palaki Seva</b>	<b>Saturday 12/12/2015</b>	<b>11.30 to 12.00</b>	<b>Jhoole Lal Sain Chandru , Aarti &amp; Palaki Seva</b>	<b>Jhoole Lal Temple</b>
---	--------------------------------	-----------------------	--	------------------------------

### Sundarkand Path

<b>Sundarkand Path</b>	<b>12/19/2015 Saturday</b>	<b>10 to 12.00</b>	<b>Sundarkand path</b>	<b>Main Temple every 3<sup>rd</sup> Saturday</b>
------------------------	--------------------------------	--------------------	------------------------	--

### Kerla Ayurveda Camp

<b>Kerla Ayurvedic consultation camp</b>	<b>Sunday 12/20/2015</b>	<b>09.00 to 1.00 PM</b>	<b>Kerla Ayurvedic consultation camp</b>	<b>Saraswati Hall Once a month</b>
--	------------------------------	-----------------------------	--	--

### Heart Fullness Meditation Program

<p><b>Heart Centered Meditation Program</b></p> <p>Why Heartfulness? ■ Emotional and mental well-being – less anxiety, greater empathy, calmness, relaxation to be felt at mental level. ■ Physical well-being – better health with reduced blood pressure, heart rate normalcy, better and deeper sleep, relaxation to be felt at the physical level. ■ Inner well-being – to simplify life and to connect with one’s inner nature. This paves the way for peace of mind, inner joy, bliss and what is beyond</p>	<p><b>Saturday 12/05/2015</b></p> <p><b>Saturday 12/12/2015</b></p> <p><b>Saturday 12/19/2015</b></p> <p><b>Saturday 12/26/2015</b></p>	<p><b>11.30 AM to 12.30 PM</b></p>	<p><b>Heart Fullness Program</b></p> <p><a href="http://www.heartfulness.com">www.heartfulness.com</a></p>	<p><b>Saraswati Hall Every Saturday</b></p>
--	---	--	--	---

### Special Events

<b>Event</b>	<b>Date/Day</b>	<b>Time</b>	<b>Details</b>	<b>Where</b>
<b>Laksha Rudraksharchana</b> 4 <sup>th</sup> Kartika Somvar	Monday 12/7/2015	6PM to 11:30PM	Special Bhajans by Sekhar Boddupalli & troupe	<b>Balaji Annex</b>
Pradosham	Tuesday 12/8/2015	6:45PM to 9:45PM	Pradosham	<b>Balaji Annex</b>
Kartika Masa Sivarathri	Wednesday 12/9/2015	6:45PM to 9:45PM	Kartika Masa Sivarathri	<b>Balaji Annex</b>

Last day of Kartika Masam	Thursday 12/10	6:15PM to 10PM	Shanti Abhishekam, <b>Nandi Seva</b> , Pavalimpu Seva for Lord Shiva	<b>Bala ji Annex</b>
<b>Mata Ki Chowki</b>	Saturday Dec 12	<b>7PM to 11PM</b>	<b>Mata Ki Chowki</b>	<b>Main Temple</b>
Janki Vivah	Tues Dec 15	6:15PM to 7:30PM	Janki Vivah	<b>Main Temple</b>
Dhanur Masa Vishesha Pooja	Saturday Dec 19 <sup>th</sup>	9AM to 2PM	Balaji – Kalasha Sthapana/Sankhabhishekam	<b>Bala Ji Annex</b>
24hr Vishnu Sahasranama Chanting for Vaikuntha Ekadasi	Sat Dec 19 <sup>th</sup> 7PM to Sun Dec 20 <sup>th</sup>	<b>24 hours</b>	24hr Vishnu Sahasranama Chanting for Vaikuntha Ekadasi	<b>Bala ji Annex</b>
<b>Vaikuntha Ekadasi</b>	Monday Dec 21	<b>8 am to 8 pm</b>	Balaji Abhishekam 8AM Vaikunta Dwara Darshanam/Archana 12noon to 2PM Vishesha Archana/Vaikaunta Dwaradarshanam 6:30PM to 8PM	<b>Bala ji Annex</b>
Pradosham/Krittika	Tue Dec 22	6:45PM to 9:45PM	Pradosham/Krittika Rudrabhishekam	<b>Balaji Annex</b>
Dattareya Jayanthi (Datta Poornima)	Thu Dec 24	6:30PM to 8:30PM	Dattareya Jayanthi (Datta Poornima)	<b>Main Temple</b>

			Datta Homam/Visesha Archana 5:30PM to 8:30PM Saamohika Satyanarayan Katha (saraswathi hall) 6:30PM to 8:30PM	
Dhanur Masa Visesha Pooja	Sat Dec 26	6pm to 10pm	Sudershana Homam – Balaji	<b>Balaji Annex</b>
Sankata Hara Chaturthi	Mon Dec 28 <sup>th</sup>	5:30PM to 8:30PM	Sahasra Gakara Archana for Ganapati	<b>Main Temple</b>
Bhajans/Rudrabhishekam, special Arti at midnight	Thu Dec 31 <sup>st</sup>	6:30PM to Midnight	Bhajans/Rudrabhishekam, special Arti at midnight	<b>Bala Ji Temple</b>
New Year Day, Archana Every hour	Friday Jan 1 2016	Afternoon	New Year Day, Archana Every hour	<b>Main Temple</b>



<b>Preetibhoj –December 2015</b>			
<b>12/1/2015</b>	<b>TUESDAY</b>	<b>DINNER</b>	<b>KISHAN &amp; KAVITA &amp; FAMILY</b>
<b>12/3/2015</b>	<b>THURSDAY</b>	<b>DINNER</b>	<b>SACHIN GUPTA</b>

<b>12/5/2015</b>	<b>SATURDAY</b>	<b>LUNCH</b>	<b>SHARMILA MORE</b>
<b>12/6/2015</b>	<b>SUNDAY</b>	<b>LUNCH</b>	<b>MANOJ MACHIWAL &amp; FAMILY</b>
<b>12/7/2015</b>	<b>MONDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/8/2015</b>	<b>TUESDAY</b>	<b>DINNER</b>	<b>OPEN</b>
<b>12/10/2015</b>	<b>THURSDAY</b>	<b>DINNER</b>	<b>SIVAKUMAR NATRAJAN</b>
<b>12/12/2015</b>	<b>SATURDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/13/2015</b>	<b>SUNDAY</b>	<b>LUNCH</b>	<b>MEENAKSHI &amp; FAMILY</b>
<b>12/14/2015</b>	<b>MONDAY</b>	<b>DINNER</b>	<b>OPEN</b>
<b>12/15/2015</b>	<b>TUESDAY</b>	<b>DINNER</b>	<b>OPEN</b>
<b>12/17/2015</b>	<b>THURSDAY</b>	<b>DINNER</b>	<b>ASOK RAMNIRMAL</b>
<b>12/19/2015</b>	<b>SATURDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/20/2015</b>	<b>SUNDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/21/2015</b>	<b>MONDAY</b>	<b>DINNER</b>	<b>OPEN</b>



<b>12/22/2015</b>	<b>TUESDAY</b>	<b>DINNER</b>	<b>OPEN</b>
<b>12/24/2015</b>	<b>THURSDAY</b>	<b>DINNER</b>	<b>OPEN</b>
<b>12/26/2015</b>	<b>SATURDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/27/2015</b>	<b>SUNDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/28/2015</b>	<b>MONDAY</b>	<b>DINNER</b>	<b>OPEN</b>
<b>12/29/2015</b>	<b>TUESDAY</b>	<b>LUNCH</b>	<b>OPEN</b>
<b>12/31/2015</b>	<b>THURSDAY</b>	<b>DINNER</b>	<b>OPEN</b>



<b>MAIN TEMPLE ACTIVITIES</b>				
Daily	9:00 AM	9.30 PM	Pooja/Archana/Arti	Main Temple

Daily	8:00 AM	8:30 AM	Sai baba Kakar Arti	Main Temple
Daily	8:30 AM	9:00 AM	Sai baba Abhishek	Main Temple
Daily	6:00 PM	6:30 PM	Sai baba Dhoop Arti	Main Temple
Daily	8:00 PM	8:15 PM	Main Templ Arti	Main Temple
Daily	8:15 PM	8:35 PM	Sai Baba Shej Arti	Main Temple
Daily	12:00 PM	12:30PM	Sai Baba Madhian Arti	Main Temple

Tuesday	7:00 PM	7:30 PM	Hanuman Sahasranama	Main Temple
Tuesday	7:30 PM	8:00 PM	Hanuman Chalisa, Arti, Preti bhoj	Main Temple
Wednesday	11:00AM	1:00 PM	Senior Meeting and Yoga followed by lunch	Main Temple & Saraswati Hall
Thursday	8:30 AM	9:00 AM	Sai Baba Abhishek	Main Temple
Thursday	6:30 PM	8:00 PM	Sai Baba Bajans, Arti, Preti bhoj	Main Temple
2nd Saturday	7:00 PM	12:00AM	Mata ki Chowki	Main Temple
3rd Saturday	10:00AM	12:30PM	Sundharkhand Path	Main Temple
Sunday	1:20 PM	1:40 PM	Main Templ Arti	Main Temple
1st Sunday	9:00 AM	11:00 AM	Gayathri parivaar Meditation	Main Temple

Last Sunday	12:20PM	1:20PM	Maa Shathrupa Pravachan	Main Temple
-------------	---------	--------	-------------------------	-------------

<b>BALAJI TEMPLE ACTIVITIES</b>				
Daily	9:00 AM	9:30 AM	Venkateshwara Suprabatham	Balaji Temple
Daily	8:15 PM	8:30 PM	Balaji Pavalimpu seva/Shayan Utsav - Arti	Balaji Temple
Daily	7:50 AM	8:10 AM	All deties Archana, Bhog, Arti	Main Temple & Balaji temple

Monday	7:00 PM	9:00 PM	Shiva/ Rudhra Abhishekam	Balaji Temple
Friday	6:30 PM	7:00 PM	Lalitha Sahasranama	Balaji Temple
Friday	11:00 AM	1:30 PM	Laxmi Abhishekam	Balaji Temple
Saturday	10:00 AM	12:30 AM	Balaji Abhishek, Alamkar, Archana, Arti	Balaji Temple
Saturday	10:30 AM	11:00 AM	Tiruppavai	Balaji Temple
4th Sunday	6:00 PM	7:30 PM	Jagannath Pooja and bajans in Balaji Annex	Balaji Temple

Sunday	11:00 AM	12:30 PM	Jagannath Abhishek, Alankar, Arti, Archana	Balaji Temple
1 day before Amavasya	7:00 PM	8:30 PM	Masa Siva Rathri	Balaji Temple
2days before Amavasya & 1 day before Poornima	7:00 PM	9:00 PM	Pradosham - Shiva Pooja and Bajans	Balaji Temple
Poornima	6:00 PM	8:00 PM	Samuhik Sathyanarayan Katha	Balaji Temple

<b>AYYAPPA TEMPLE</b>				
1st Saturday	6:00 PM	7:00 PM	Bajans for Lord ayyappa	Ayyappa Temple
Sunday	9:30 AM	11:30 AM	Karthikeya Swamy pooja	Ayyappa Temple

Sunday	9:30 AM	11:30 AM	Karthikeya Swamy pooja	Ayyappa Temple
Masa Sankranthi	5:00 PM	7:00 PM	Ayyappa Pooja	Ayyappa Temple
Masa Sankranthi(falls between 13th and 19th of every month)	5:00 PM	7:00 PM	Ayyappa Pooja and Bajans	Ayyappa Temple

**NAVGRAHA & SIDDHI VINAYAK  
&  
JOOLELAL BABA TEMPLE**

Tuesday	6:30 PM	7:30 PM	Siddivinayak Ahishek, Alamkar, Archana	SiddiVinayak Temple
Tuesday	8:15 PM	8:30 PM	Shiddivinayak Arti	SiddiVinayak Temple
Friday	6.00pm	7.00pm	Joollelal Aarti, archana	SiddiVinayak Temple

4 days After Poornima	7:00 PM	8:00 PM	Sankata Hara Chaturthi	SiddiVinayak Temple
1 st Saturday	10:00 AM	12:30 AM	Navagraha Homam	Navgrah Annex
Saturday	11:00 AM	1:30 PM	Navagraha and Ganapathi Abhishek, Alamkar, Archana, Arti	Navgrah Annex

## **Ishta Dev Jhoole Lal Sain**

**There will be regular Ongoing Events Weekly / Monthly. Please come with family and friends to seek blessings.**

**Weekly: Friday evening: Aarti at 7.00PM (Every Friday)**

**Monthly: “Chandu” Aarti and Palav. Sindhi’s all over the world observe the first day after the new moon each month ! as the day of “Chandu”..... worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled white Channa and sweet rice - Tanhiri are offered as the traditional parsaad.**

**Schedule for the monthly “Chandu” ceremony in 2015:**

**Saturday 12th December, 2015.....from 11.30AM to 12.00noon.**

**Bring all your family and friends too.**

**Come, Worship and Rejoice.....seek His Divine Blessings!!!**

**Jai Jhoole Lal ..... Beraii Paar**

			<b>SARASWATI HALL ACTIVITIES</b>	
2nd & 4th Monday	10:30 AM	1:30 PM	Gujarathi Seniors' Mitra mandal in dining Hall	Saraswathi Hall
Monday	2:00PM	4:00PM	BOLLYWOOD DANCING	Saraswathi Hall
Monday	10:15 AM	11:15 AM	YOGA	Saraswathi Hall
Tuesday	6:30PM	8:00PM	TEMPLE MEETING	Saraswathi Hall
Wednesday	12:00 PM	1:00 AM	yoga	Saraswathi Hall
Wednesday	11:00 AM	1:00 PM	Senior Meeting and Yoga followed by lunch	<b>Main Temple &amp; Saraswathi Hall</b>

Thursday	4:00PM	8:00PM	KATHAK	Saraswathi Hall
Friday	4:00PM	8:00PM	Bharat Natyam	Saraswathi Hall
Saturday	8:00AM	10:00AM	YOGA BY SKY	Saraswathi Hall
Saturday	10:00AM	11:00AM	HINDI CLASS	Saraswathi Hall
Saturday	11.30	12.30	<b>Heart Centered Meditation Program</b>	Saraswati Hall
Sunday	7:00AM	8:30AM	YOGA WITH FUN AND LAUGHTER	Saraswathi Hall
Sunday	8:30AM	9:30AM	MEDITATION	Saraswathi Hall
Sunday	10:00AM	11:30PM	HSS	Saraswathi Hall
Sunday	12:30PM	2:30PM	SINDHI CLASS (July 12 <sup>th</sup> to 12 Sep ) Currently close Next session from Jan 2016	Saraswathi Hall
SUN 1 <sup>ST</sup> 3 <sup>RD</sup>	3:00PM	5:00PM	SHIV YOG MEDITATION	Saraswathi Hall



## Library

Saturday	11:30 AM	1:00PM	GEETA CLASS	<b>Library</b>
3rd Sunday	10:30AM	12:30PM	Sadhu Vaswani Mission of the Bay Area -satsang	<b>Library</b>
Sunday	3:30PM	5:00PM	Soundarya Lahari	<b>Library</b>
Sunday	10:00AM	11:30AM	BALAGOKULAM	<b>Library</b>

### **Donate to Temple Online**

**The Temple is a non-profit organization run by devotees for devotees.**

**Temple's main income is through devotee donations and sponsorships.**

We urge all devotees to donate generously to the Temple so that we may continue to serve your religious and cultural needs and provide even better programs to you.

you can now donate online by clicking on the link below.

<http://fremonttemple.org/donate.php>



Vedic Dharma Samaj is a non-profit, tax exempt religious organization.

It is dedicated to serve the religious and cultural needs of the Hindu community.

(Non-Profit Tax Exempt Organization Tax EIN No.: 94-274-2511)

**Any suggestions /comments/observations about Temple and/or about this newsletter,**

**Please call or e-mail :- 510-299-9771**

**deepakchhabra@pacbell.net**