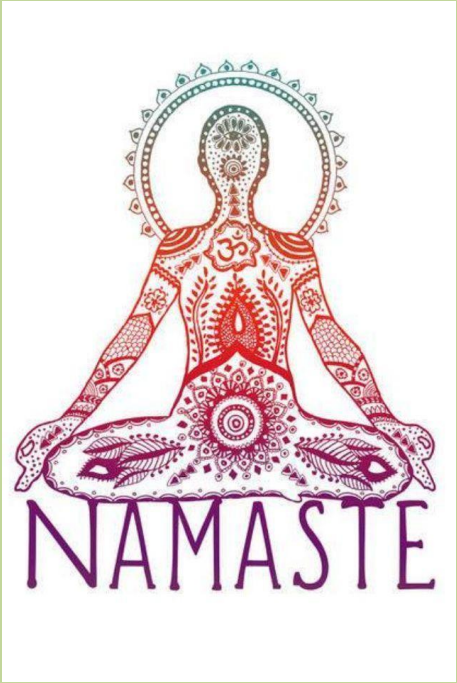
FREMONT HINDU TEMPLE

Dear Devotees



Special programs for the Month of November 2015

To avail of Tax exemptions, please consider donating to Temple

All donations made to Temple are Tax-exempt.

To receive a receipt for the donation, **please write a check to Fremont Hindu Temple**

Donate to Temple Online

The Temple is a non-profit organization run by devotees for devotees. The Temple's main income is through devotee donations and sponsorships. We urge all devotees to donate generously to the Temple so that we may continue to serve your religious and cultural needs and provide even better programs to you.
you can now donate online by clicking on the link below.

http://fremonttemple.org/donate.php

Donate

Vedic Dharma Samaj is a non-profit, tax exempt religious organization.

It is dedicated to serve the religious and cultural needs of the Hindu community.

(Non-Profit Tax Exempt Organization Tax EIN No.: 94-274-2511)

Any suggestions /comments/observations about Temple and/or about this newsletter,

Please call or e-mail :- 510-299-9771

deepakchhabra@pacbell.net

Special programs for the Month of November 2015

Ma Durga Abhishek

Ma Durga Abhishek	Saturday 11/07/2015	11.00-12.00	Ma Durga Abhishek	Main Temple
Ma Durga Abhishek	Saturday 11/14/2015	11.00-12.00	Ma Durga Abhishek	Main Temple
Ma Durga Abhishek	Saturday 11/21/2015	12.00-01.00	Ma Durga Abhishek Late @ 12.00 after Sunder Kand path	Main Temple
Ma Durga Abhishek	Saturday 11/28/2015	11.00-12.00	Ma Durga Abhishek	Main Temple

Bhajan Kirtan

Bhajan / Kirtan	Sunday 11/01/2015	11.00 -12.00	Mohanty Ji	Main Temple
Pravachan	Sunday 11/01/2015	12.00 -01.00		Main Temple
Bhajan / Kirtan	Sunday 11/08/2015	11.00 -12.00	Bharti Joshi ji	Main Temple
Pravachan	Sunday 11/08/2015	12.00 -01.00		Main Temple
Bhajan / Kirtan	Sunday 11/15/2015	11.00 -12.00	Shilpa Singh ji	Main Temple
Pravachan	Sunday 11/15/2015	12.00 -01.00	Shilpa Singh ji will continue as Ma	Main Temple Every 3rd Sunday

			Shatrupa Ji may not come Pravachan / Bhajan	
Bhajan / Kirtan	Sunday 11/22/2015	11.00 -12.00		Main Temple
Pravachan	Sunday 11/22/2015	12.00 -01.00	Pravachan by Gayatri Parivar	Main Temple Every 4th Sunday
Bhajan / Kirtan	Sunday 11/29/2015	11.00 -12.00		Main Temple
Pravachan	Sunday 11/29/2015	12.00 -01.00		Main Temple

Shivyog Sadhna

Shivyog Sadhana & meditation	11/01/2015 Sunday	03 to 05.00	Shivyog Sadhana and meditation	Saraswati Hall 1st & 3rd Sunday
Shivyog Sadhana & meditation	11/15/2015 Sunday	03 to 05.00	Shivyog Sadhana and meditation	Saraswati Hall 1st & 3rd Sunday

Jhoole Lal Chandu Seva

Jhoole Lal Sain Chandu , Aarti & Palaki Seva	Friday 11/13/2015	11.30 to 12.00	Jhoole Lal Sain Chandu , Aarti & Palaki Seva	Jhoole Lal Temple

Sundarkand Path

Sundarkand Path	**11/21/2015 Saturday**	**10 to 12.00**	**Sundarkand path**	**Main Temple every 3rd Saturday**

Kerla Ayurveda Camp

Kerla Ayurvedic consultation camp	**Sunday 11/22/2015 12/20/2015**	**09.00 to 1.00 PM**	**Kerla Ayurvedic consultation camp**	**Saraswati Hall Once a month**

Heart Fullness Meditation Program

Heart Centered Meditation Program Why Heartfulness? ■ Emotional and mental well-being – less anxiety, greater empathy, calmness, relaxation to be felt at mental level. ■ Physical well-being – better health with reduced blood pressure, heart rate normalcy, better and deeper sleep, relaxation to be felt at the physical level. ■ Inner well-being – to simplify life and to connect with one's inner nature. This paves the way for peace of mind, inner joy, bliss and what is beyond	**Saturday 11/07/2015 11/14/2015 11/21/2015 11/28/2015**	**11.30 AM to 12.30 PM**	**Heart Fullness Program www.heartfulness.com**	**Saraswati Hall Every Saturday**

Special Evants

Event	Date/Day	Time	Details	Where

Diwali	Tuesday 11/10/2015	6:30pm to 10pm	Lakshmi Pooja & Sahasra Deepalankarana Sponsorship $51 – sponsors to receive silver Lakshmi coin	Dining Hall & Main Temple
Goverdhan Pooja	Wednesday 11/11/2015	7PM to 8PM	Kartika Masam Begins	Main Temple
Kartika Masa Special Poojas	Wed 11/11/2015 to 12/10/25	6:45PM to 10.00 PM	Daily Rudrabhishekam	BalaJi Temple
Kartikeya Sahasra Archana	Thu 11/12 thru Mon 11/16	6:30PM to 7:30PM	Kartikeya Sahasra Archana	Kartikeya Annex
Mata Ki Chowki	Saturday 11/14/2015	7PM to 11PM	Mata Ki Chowki	Main Temple
Nagula Chavithi	Sunday 11/15/2015	6:45PM to 10PM	Sarpa dosha nivarana special pooja during rudrabhishekam	Bala Ji Temple
First Somvar	Monday 11/16/2015	6PM to 10PM	Sahasra Lingarchana 1008 Shiva Ling Pooja Sponsorship $51	Bala Ji Temple
Skanda Shasti	Tuesday 11/17/2016	9:30AM to 1:30PM	Skanda Shasti Kartikeya Abhishekam. Visesha Pooja	Kartikeya Annex
Koti Somavaram	Tuesday 11/17/2015	6:30 to 10.00PM	Saamohik Vishnu Sahasranamam	Bala ji Temple
Tulsi Vivah	Sunday 11/22/2015	06.30 to 09.30	Tulsi Vivah	Main Temple
Second Somvar	Monday 11/23/2015	6:30PM to 9:45PM	Satya Sai Baba Birthday Celebration special bhajans & Rudrabhishekam	Main Temple

Sahasra Deepa Lingotsavam	Tuesday 11/24/2015	6pm to 10pm	1008 lamps worshipped as shiva lings Laksha Panchakshari Japam	Bala ji Temple
Kartika Poornima	Wednesday 11/25/2015	6:30PM to 8:30PM	Samoohik Satyanarayan Katha Sponsorship $51	Main Temple
AnnaAbhishekam	Friday 11/27/2015	6:30PM to 10PM	AnnaAbhishekam for Someshvara	Bala Ji Temple
Guru Nanak Birthday celebrations	Saturday Nov 28	Afternoon	Guru Nanak Birthday celebrations	Main Temple
Sankata Hara Chaturthi	Saturday 11/28/2015	Afternoon	Sankata Hara Chaturthi Gakara Ganapathi Pooja/Annabhishekam	SidhiVinayak Annex
Third Somvar	Monday 11/30/2015	6:30PM to 9:45PM	Shankhabhishekam for Lord Shiva Sponsorship $51	Bala Ji Temple
4th Somvar	Monday 12/7/2015	6:30PM to 10:00PM	Laksha Rudraksharchana Special Bhajans by Sekhar Boddupalli & troupe	Bala ji Temple
Last day of Kartika Masam	Thursday 12/10	6:15PM to 10PM	Shanti Abhishekam, Nandi Seva, Pavalimpu Seva for Lord Shiva	Bala Ji Temple

Preetibhoj –November 2015			
11/1/2015	SUNDAY	LUNCH	1.LALIT& SHADANA SHARMA. 2.SIMMI&SUNIL GULATI FAMILY
11/2/2015	MONDAY	DINNER	OPEN
11/3/2015	TUESDAY	DINNER	Veenu Khanna
11/5/2015	THURSDAY	DINNER	PRASATH&FAMILY
11/7/2015	SATURDAY	LUNCH	PALLAB MANDAL & FAMILY
11/8/2015	SUNDAY	LUNCH	OPEN
11/9/2015	MONDAY	LUNCH	OPEN
11/10/2015	TUESDAY	DINNER	OPEN
11/12/2015	THURSDAY	DINNER	Chirag Patel & Family
11/14/2015	SATURDAY	LUNCH	RIDHIMA SINGH & FAMILY
11/14/2015	SATURDAY	DINNER	MATA KI CHOWKI (OPEN)
11/15/2015	SUNDAY	LUNCH	RAVI KUMAR CHILUVERU&FAMIY

11/16/2015	MONDAY	DINNER	OPEN
11/17/2015	TUESDAY	DINNER	SONI SINGAL & FAMILY
11/19/2015	THURSDAY	DINNER	PRATHIK & FAMILY
11/21/2015	SATURDAY	LUNCH	Karthikeyan Thangamuthu & family
11/22/2015	SUNDAY	LUNCH	OPEN
11/23/2015	MONDAY	DINNER	VENKATESWARA& RAGINI VYKUNTA & FAMILY
11/24/2015	TUESDAY	DINNER	Manjula Gupta & Family
11/26/2015	THURSDAY	DINNER	OPEN
11/28/2015	SATURDAY	LUNCH	SINDHI GROUP(GURU NANAK JAYANTHI)
11/29/2015	SUNDAY	LUNCH	PAMMI NAIR & FAMILY
11/30/2015	MONDAY	DINNER	OPEN

MAIN TEMPLE ACTIVITIES				
Daily	9:00 AM	9.30 PM	Pooja/Archana/Arti	Main Temple
Daily	8:00 AM	8:30 AM	Sai baba Kakar Arti	Main Temple
Daily	8:30 AM	9:00 AM	Sai baba Abhishek	Main Temple
Daily	6:00 PM	6:30 PM	Sai baba Dhoop Arti	Main Temple
Daily	8:00 PM	8:15 PM	Main Templ Arti	Main Temple
Daily	8:15 PM	8:35 PM	Sai Baba Shej Arti	Main Temple
Daily	12:00 PM	12:30PM	Sai Baba Madhian Arti	Main Temple

Tuesday	7:00 PM	7:30 PM	Hanuman Sahasranama	Main Temple
Tuesday	7:30 PM	8:00 PM	Hanuman Chalisa, Arti, Preti bhoj	Main Temple
Wednesday	11:00AM	1:00 PM	Senior Meeting and Yoga followed by lunch	Main Temple & Saraswati Hall
Thursday	8:30 AM	9:00 AM	Sai Baba Abhishek	Main Temple
Thursday	6:30 PM	8:00 PM	Sai Baba Bajans, Arti, Preti bhoj	Main Temple

2nd Saturday	7:00 PM	12:00AM	Mata ki Chowki	Main Temple
3rd Saturday	10:00AM	12:30PM	Sundharkhand Path	Main Temple
Sunday	1:20 PM	1:40 PM	Main Templ Arti	Main Temple
1st Sunday	9:00 AM	11:00 AM	Gayathri parivaar Meditation	Main Temple
Last Sunday	12:20PM	1:20PM	Maa Shathrupa Pravachan	Main Temple

BALAJI TEMPLE ACTIVITIES				
Daily	9:00 AM	9:30 AM	Venkateshwara Suprabatham	Balaji Temple
Daily	8:15 PM	8:30 PM	Balaji Pavalimpu seva/Shayan Utsav - Arti	Balaji Temple
Daily	7:50 AM	8:10 AM	All deties Archana, Bhog, Arti	Main Temple & Balaji temple

Monday	7:00 PM	9:00 PM	Shiva/ Rudhra Abhishekam	Balaji Temple
Friday	6:30 PM	7:00 PM	Lalitha Sahasranama	Balaji Temple
Friday	11:00 AM	1:30 PM	Laxmi Abhishekam	Balaji Temple

Saturday	10:00 AM	12:30 AM	Balaji Abhishek, Alamkar, Archana, Arti	Balaji Temple
Saturday	10:30 AM	11:00 AM	Tiruppavai	Balaji Temple
4th Sunday	6:00 PM	7:30 PM	Jagannath Pooja and bajans in Balaji Annex	Balaji Temple
Sunday	11:00 AM	12:30 PM	Jagannath Abhishek, Alankar, Arti, Archana	Balaji Temple
1 day before Amavasya	7:00 PM	8:30 PM	Masa Siva Rathri	Balaji Temple
2days before Amavasya & 1 day before Poornima	7:00 PM	9:00 PM	Pradosham - Shiva Pooja and Bajans	Balaji Temple
Poornima	6:00 PM	8:00 PM	Samuhik Sathyanarayan Katha	Balaji Temple

AYYAPPA TEMPLE

1st Saturday	6:00 PM	7:00 PM	Bajans for Lord ayyappa	Ayyappa Temple
Sunday	9:30 AM	11:30 AM	Karthikeya Swamy pooja	Ayyappa Temple
Sunday	9:30 AM	11:30 AM	Karthikeya Swamy pooja	Ayyappa Temple
Masa Sankranthi	5:00 PM	7:00 PM	Ayyappa Pooja	Ayyappa Temple
Masa Sankranthi(falls between 13th and 19th of every month)	5:00 PM	7:00 PM	Ayyappa Pooja and Bajans	Ayyappa Temple

NAVGRAHA & SIDDHI VINAYAK & JOOLELAL BABA TEMPLE				
Tuesday	6:30 PM	7:30 PM	Siddivinayak Ahishek, Alamkar, Archana	SiddiVinayak Temple

Tuesday	8:15 PM	8:30 PM	Shiddivinayak Arti	SiddiVinayak Temple
Friday	6.00pm	7.00pm	Joolelal Aarti, archana	SiddiVinayak Temple
4 days After Poornima	7:00 PM	8:00 PM	Sankata Hara Chaturthi	SiddiVinayak Temple
1 st Saturday	10:00 AM	12:30 AM	Navagraha Homam	Navgrah Annex
Saturday	11:00 AM	1:30 PM	Navagraha and Ganapathi Abhishek, Alamkar, Archana, Arti	Navgrah Annex

Ishta Dev Jhoole Lal Sain

There will be regular Ongoing Events Weekly / Monthly. Please come with family and friends to seek blessings.
Weekly: **Friday evening: Aarti at 7.00PM (Every Friday)**
Monthly: **"Chandu" Aarti and Palav. Sindhi's all over the world observe the first day after the new moon each month ! as the day of "Chandu"….. worshipping Lal Sain, singing panjras, doing aarti and invoking palav ceremony. Boiled white Channa and sweet rice - Tanhiri are offered as the traditional parsaad.**
Schedule for the monthly "Chandu" ceremony in 2015:
8. Friday 13th November, 2015……from 6.30PM to 7.00PM.
9. Saturday 12th December, 2015……from 11.30AM to 12.00noon.

Bring all your family and friends too.

Come, Worship and Rejoice…….seek His Divine Blessings!!!

Jai Jhoole Lal …… Beraii Paar

			SARASWATI HALL ACTIVITIES	
2nd & 4th Monday	10:30 AM	1:30 PM	Gujarathi Seniors' Mitra mandal in dining Hall	Saraswathi Hall

Monday	2:00PM	4:00PM	BOLLYWOOD DANCING	Saraswathi Hall
Monday	10:15 AM	11:15 AM	YOGA	Saraswathi Hall
Tuesday	6:30PM	8:00PM	TEMPLE MEETING	Saraswathi Hall
Wednesday	12:00 PM	1:00 AM	yoga	Saraswathi Hall
Wednesday	11:00 AM	1:00 PM	Senior Meeting and Yoga followed by lunch	Main Temple & Saraswati Hall
Thursday	4:00PM	8:00PM	KATHAK	Saraswathi Hall
Friday	4:00PM	8:00PM	Bharat Natyam	Saraswathi Hall
Saturday	8:00AM	10:00AM	YOGA BY SKY	Saraswathi Hall
Saturday	10:00AM	11:00AM	HINDI CLASS	Saraswathi Hall

Saturday	11.30	12.30	**Heart Centered Meditation Program**	Saraswati Hall
Sunday	7:00AM	8:30AM	YOGA WITH FUN AND LAUGHTER	Saraswathi Hall
Sunday	8:30AM	9:30AM	MEDITATION	Saraswathi Hall
Sunday	10:00AM	11:30PM	HSS	Saraswathi Hall
Sunday	12:30PM	2:30PM	SINDHI CLASS (July 12th to 12 Sep) Currently close Next session from Jan 2016	Saraswathi Hall
SUN 1ST3RD	3:00PM	5:00PM	SHIV YOG MEDITATION	Saraswathi Hall

Library

Saturday	11:30 AM	1:00PM	GEETA CLASS	**Library**
3rd Sunday	10:30AM	12:30PM	Sadhu Vaswani Mission of the Bay Area -satsang	**Library**
Sunday	3:30PM	5:00PM	Soundarya Lahari	**Library**
Sunday	10:00AM	11:30AM	BALAGOKULAM	**Library**

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